

MAD COW AND YOU!!

If you eat meat, you need to read this —

Mad Cow Disease is Real

*Where it came from - Why it is here-
Why it will become epidemic*

Contents

Prions

Six Other Definitions

Kuru in the 1940s in New Guinea

What the Symptoms Are Like

Prions Are Dumped

Scrapie in Britain in the 1970s

Scrapie in the U.S. in the 1970s

BSE in Britain in the 1970s

BSE in Britain in the 1980s

British Beef Statistics: 1987-1994

The Southwood Committee

The Tyrell Report

The Ban on Animal Parts in Feed

Jumping the Species Barrier

The Crisis in Britain Deepens

More Evidence of Species Jumping

Vertical Transmission

British Public Learns of CJD Deaths

Publication of Lacey's Book

Statements from Lacey's Book

Cows and the Dairy Industry

Facts Worth Remembering

What Happens to the Diseased Cow?

Symptoms of CJD

Medical Personnel Fear CJD

Why the Problem Will Get Worse

Recent Developments

Rhodes' New Book

The Crisis Comes to America

Conclusion

Bibliography

Book Ad

There are many facts, and the facts are deadly. This food crisis cannot be underestimated. Indeed, the crisis is so immense because it has been ignored for so many years.

We will begin with a few definitions. Then we will survey the history of this health menace, from the 1940s to January 2001, and discuss the terrible implications of the findings.

We promise that you will not be the same after you have read this report. These facts are the result of painstaking research by prominent scientists on two continents, over a span of several decades.

The first part of this study will primarily focus on the massive cover-up which occurred in Britain, in an effort to protect the meat industry. These facts are given in detail, to alert Americans to similar dangers in the U.S.

[PRIONS](#)

In order to understand this, you need to know about prions, BSE, and CJD. First, we will consider prions.

Scientists always used to think that infectious diseases could only be caused by bacteria. But the discovery of prions (pronounced *pree-ahns*) changed all that. It runs contrary to all the experts had been taught in the universities.

Although prions cause diseases, they are not viruses, bacteria, fungi, or parasites. They are simply proteins! Proteins, by themselves, were never thought to be infectious. Organisms are infectious; proteins are not. Or, at least, they never used to be.

But it is prions which cause mad cow disease.

As we will learn later, in the 1940s, when researchers began examining the cause of a strange disease in the South Pacific, they could not find any pathological cause.

By the 1970s, a variant of the disease had entered domestic and wild animals in Britain and America; researchers did not recognize the connection of this new disease with the earlier South Pacific disease which attacked humans. Once again, they could not find an infective agent.

It was thought that some kind of extremely tiny virus must be the cause—not a bacteria, not a microbe, but a virus, a sub-microscopic speck of life. **For decades, scientists had searched for unusual, atypical infectious agents that they suspected caused some puzzling diseases that could not be linked to any of the "regular" infectious organisms.** One possibility was that slow viruses—viruses that spent decades wreaking havoc in their hosts—might be the culprits, and these tiny viruses that were leisurely multiplying are hard to isolate. But the truth finally emerged. Here it is:

Researchers eventually, although reluctantly, accepted the astounding fact that proteins, alone, could be infectious.

These strange proteins, called prions, enter cells and apparently change normal proteins within the cells into prions just like themselves! The normal cell proteins have all the same "parts" as the prions—specifically the same amino-acid building blocks.

There is just one difference: They fold differently. What does that mean?

As soon as a new protein is assembled by other proteins from amino acids within the cell, it folds into a certain pattern. But prions are proteins which fold into a different, incorrect pattern. That little difference renders them deadly. (For a fascinating discussion of how brainless proteins make more proteins from amino-acid parts laying around, read the present author's research report, "*Proteins*," in Pathlights.com.)

While other proteins always fold properly, prions are proteins which do not. That little variation makes all the difference—and it results in changes in the brain which produce holes—which look just like the holes in a sponge!

Prions cannot be destroyed by cooking, radiation, or any heat below 800o F.

SIX OTHER DEFINITIONS

We have explained what *prions* are. ***There are five other special words or phrases which need to be defined:***

1 - ***Bovine spongiform encephalopathy (BSE)***. This is better known as mad cow disease. It is an infectious and incurable disease which slowly attacks the brain and nervous system of cattle. Spongiform encephalopathy is Latin for "sponge brains."

2 - ***Spongiform encephalopathies*** is the name given to this type of disease in various animals and in man.

3 - ***Scrapie*** is the form of BSE which is found in sheep. The experts are divided on whether it is harmful to humans. But when the dead animals are fed to cattle, BSE is transmitted.

4 - ***Kuru*** was once epidemic in a certain tribe in New Guinea, because people liked to eat other people.

5 - By late 1994, a handful of people in Britain had died from the same spongiform human version, which by that time had been named ***Creutzfeldt-Jakob disease (CJD)***. This is the name for the mad cow disease, when it occurs in people.

6 - ***Alzheimer's disease*** is a non-spongiform disease. It figures strongly into the present discussion because there is clear evidence that many people, dying in America and elsewhere from *Creutzfeldt-Jakob disease*, are being misdiagnosed as the victims of Alzheimer's. More on this later.

In summary:

BSE: *Bovine spongiform encephalopathy*— This is the animal form of this disease. In cattle it is called BSE or mad cow disease; in sheep it is called **scrapie**.

CJD: Creutzfeldt-Jakob disease—This is the human form of the same disease. In New Guinea, the nationals called it **Kuru**; in the Western world, it is called **CJD**.

These words will be repeatedly mentioned. You need to understand that BSE is the animal form of the disease, and CJD the human form. In popular literature, they are both called "mad cow disease," or simply, "mad cow." In this study, when we speak of BSE, CJD, scrapie, or Kuru, we are talking about mad cow disease.

KURU IN THE 1940s IN NEW GUINEA

It all began in the Fore tribe, living in the jungle near Papua, southern New Guinea. That is where BSE, CJD—mad cow disease—originated.

It was an area unexplored by Westerners until the second half of the twentieth century.

Scientists, in the 1940s, puzzled over a strange disease in one tribe in New Guinea. The people there had a tribal ritual dating from the prehistoric past, in which they would eat their relatives, when they died, in order to acquire the mental and physical stamina they had while still alive. Women especially did this in order to increase their fertility. They thought it would help them have more children.

Scientists found that many of the people in this tribe were dying of a mysterious brain disease which they, the nationals, called "Kuru," because it made its victims act very strange before they died. Kuru was killing up to 80 percent of the women in the tribe.

No one knew when the disease first started. Because it occurred within families and mostly among women, researchers initially thought that Kuru was inherited genetically. But it has since been established that Kuru is infectious and was transmitted by eating the meat of those dead people.

Peoples in the South Pacific, as well as some other backward areas in the world, have had a long history of cannibalism. But the Fore tribe in New Guinea were remarkably consistent in their eating of dead relatives. **This practice, continued for centuries, eventually produced a horrible new disease.**

WHAT THE SYMPTOMS ARE LIKE

Whether it be Kuru, BSE, or CJD, patients first show symptoms of mental changes, such as problems with co-ordination, recent memory loss, and slurred speech. Sometimes obvious twitching of muscles can be seen, the facial expression becomes fixed, and the person may stumble and fall over. Over the next few weeks, the person becomes confused and unaware, unable to read or recognize even close relatives. **The disease is very similar to Alzheimer's, yet the cause is very different.**

Years later, it has been discovered that **BSE in cattle, scrapie in sheep, Kuru in New Guinea, and CJD in the Western world all affect the same part of the brain!** It is the same disease, whether in animals or man.

The Western form of Kuru is Creutzfeldt-Jakob Disease (CJD). As a spongiform encephalopathy, it is a disease of the brain and always fatal. There is no known remedy for it. Once a person contracts it, nothing can be done to remove the prions from his body.

Here is an ominous fact about Kuru: Researchers discovered that **it could take as long as 30 years before the person became visibly ill.** The disease bores into the brain and nervous system very slowly; but, once established, it rapidly causes dementia and death. No treatment works. Postmortems show the brain to be sponge-like and full of holes, hence the name "*spongiform*." Thus the disease can work quietly, insidiously for years before any symptoms develop.

PRIONS ARE DUMPED

You might wonder how a cannibal disease from one little tribe in New Guinea could get to Europe and America. We are not eating people over here! Here is how it happened:

Scientists who examined Kuru, in New Guinea in the 1940s, brought tissue samples home to America and Britain for careful examination. But they found no antibodies and no disease germs of any kind. **There was no microscopic lens in the 1940s which could have identified the source of infection.**

It is now believed that BSE went into the food chain, beginning in Britain and America, when those samples were disposed of. They were either flushed into the sewage system, tossed on garbage heaps, or washed down sink drains.

What those researchers did not know was that there was an infective agent present, and one which no heat, normally used in laboratories for cleansing purposes, could kill. Prions which cause BSE and CJD are not destroyed by anything less than 800 degrees F. heat! This is far higher than autoclaving. The only way their sinks, for example, could be cleansed—would be to put them in a high-temperature bake oven for an hour!

Those prions from the samples laid on the ground for a period of time until they were eaten by grazing animals in the Western world. Then they passed into the food chain.

Trillions of prions spread on the ground, waited for some low-grazing animal to come munching toward them. In England, it was first noticed in sheep; in America, with wildlife and sheep.

[SCRAPIE IN BRITAIN IN THE 1970s](#)

In the 1970s, it first appeared in the sheep herds of Britain. British sheepherders called it "*scrapie*" because the sick sheep had the strange habit of rubbing up against things.

Rams and ewes who had never met a cannibal started exhibiting an odd itch to scrape their heads and hides against fences,—even if the fences were barbed wire. Frankly, the herders said the sheep acted a little crazy.

There were no antibody markers visible at any time during the incubation period, so veterinarians saw no indication of disease. Sick ewes freely gave their illness to their baby lambs who carried the bug straight to human tables.

To this day, there is still no certainty whether sheep with scrapie can infect humans. But we do know that scrapie sheep can, when eaten by them, infect cows—which, when eaten by people, infect them. The facts are hazy, since human dementia deaths in the '70s were always ascribed to Alzheimer's.

So now we have the answer to part of the puzzle. **In the South Pacific, the disease was transmitted by cannibalism. People were eating their dead relatives. They contracted Kuru.**

Later, a new form of cannibalism would be started in the Western world,—that would spread the "civilized" form of Kuru.

[SCRAPIE IN THE U.S. IN THE 1970s](#)

Mad cow disease (BSE) has been killing American sheep since the early 1970s, U.S. cows since the mid-1980s, and humans since at least the late 1980s. The reason it hasn't been made public is that those who had the facts chose to misinterpret them. There is an extremely important reason for this: It could bankrupt the beef industry.

Something was started in 1970 which, in the 21st century, would eventually destroy the U.S. beef industry and kill millions of people in Europe, America, and other nations which import beef from them. Here is what happened:

In 1970, the U.S Department of Agriculture and National Institutes of Health (NIH) collected thousands of scrapie-infected sheep, examined them, and carefully isolated the diseased animals in pens in up-state New York. Once again, they found no bacteria or virus responsible for the problem.

But then, according to Howard Lyman, of the U.S. Humane Society (an ex-cattle rancher who was well-aware of what happened), **the NIH sold the sick animals at low cost to farmers across the U.S.A., who put them into their herds.** It was probably done as a way to help pay for the expensive scrapie research which had been completed. But it was the death knell of the meat industry in America.

Eventually as more sheep got scrapie and could no longer stand on their feet, they were then sold to rendering plants which powdered the carcasses and turned them into animal feed.

Upon eating the prion-loaded animal feed, more livestock contracted BSE. They, in turn, were made into more cattle, sheep, pig, and chicken feed. Which sheepherder wants to spend \$500 for an autopsy on a dead animal, when he can sell it for \$100?

Did you ever hear of "feeder animals"? **In the U.S., there is an enormous industry based on turning cow corpses into animal feed, to be fed to "feeder cattle."** One such product is called *Soylent Green*. These products are fed livestock, to fatten them faster. Because of its high protein content, it does this quite well. Other brands are also on the market.

Carefully consider the implications of this: **These "feeder cattle" are cattle raised on meat and soy beans. This turns cattle into cannibals!** This practice is so solidly entrenched in America that you can actually trade commodity futures on "feeder animals."

Thus one part of an important division of the powerful livestock industry is doomed to eventually destroy the rest of it. Unfortunately, this will happen, even if they eventually wake up and stop the "feeder animal" business. The problem is the prions are now in the livestock, and each mother is passing them on to her young at the time of birth.

"It will not be very long before we shall have to give up using any animal food. Even milk will have to be discarded. Disease is accumulating rapidly. The curse of God is upon the earth, because man has cursed it. The habits and practices of men have brought the earth into such a condition that some other food than animal food must be substituted for the human family."—*Counsels on Diet and Foods*, 384 (cf. 373-416).

[BSE IN BRITAIN IN THE 1970s](#)

Back in the '70s in Britain, the delegated "animal feeders" were the sheep who had died of scrapie. They were rendered into powder and put into animal feed. But the Brits were just copying American frugality, as they used their dead sheep to feed the living ones. **No one seemed to be concerned about the fact that the sheep, which had died of a mysterious disease, were being fed to healthy sheep which did not deserve to die the same way.**

So Brits happily ate their sheep, little realizing they were eating cannibals. The curse that destroyed the people in Papua was passing to them and, through livestock shipments, to the whole world.

As the years passed, British sheepherders continued losing more and more sheep to scrapie. But they kept cutting their losses with cash for corpses.

Trusting British beef farmers bought hi-protein certain-death feed for their cows for the next 18 years. Because the UK had a much higher percentage of sheep than they had cows, every cow got a daily, heaping serving of kibbled sheep. And poor, trusting Brits ate a lot of the infected sheep too. The British like mutton as well as beef. For the first time outside of New Guinea, humans began contracting prions in their brains.

It should be understood that neither farmers nor butchers fully recognized the problem. Keep in mind that, at beef slaughter time, the dementia generally had not fully manifested itself. The prions were in the animals, but they had not lived long enough to show the symptoms.

Even if they had, **it was not until 1974 that the top UK microbiologist/researcher, Dr. Richard Lacey, and his U.S. counterpart, Dr. Stanley Prusiner, set up their electron microscopes to study prion diseases.** Until they did that, researchers thought prion diseases were merely genetic in nature, just weird malformations which occurred from time to time in nature.

The truth is that **the damaged proteins (the prions) were not only injuring the bodies of the sick animals, but were passing into the chromosomes—and becoming part of the DNA of those animals and their descendants.**

[BSE IN BRITAIN IN THE 1980s](#)

BSE (the animal form of mad cow disease) has been epidemic in British cattle since the late 1980s. The first confirmed cases were reported in late 1986; but it is believed that the first case may have occurred in the county of Hampshire in 1985.

In 1985, British farmers noticed that an illness suspiciously like scrapie turned up in a cow. It was a Holstein dairy cow who started kicking, developed an extreme case of the jitters, then fell over dead. Her brain was examined posthumously, its Swiss cheese appearance noted, and the disease given the name "bovine spongiform encephalopathy" or BSE. For the first time, the disease in animals had been named.

In a cow, the bug caused more than just an itch to scrape against fences. **BSE was a true "Dementia" disease, like Alzheimer's is for humans, i.e.** memory loss, motor function changes, loss of large movements like walking ability. Eyesight and the ability to make fine movements with the hands were lost, as well as spacial perceptions needed for parking a car etc. A lot of that is not crucial to a cow, but it was hard for the farmer to milk Bessie when she was splayed on the ground shaking and mooing.

A cow is a lot more valuable than a sheep. So beef farmers demanded answers. At first, nobody connected spastic cows with the scrapie sheep of the 1970s and certainly not with New Guinea cannibals of the 1940s. But **in 1986, a research professor of microbiology at Leeds University, consultant to the World Health Organization (WHO), Dr. Richard W. Lacey, announced that scrapie, BSE, and CJD were the same thing;** and that this beef disease was in the meat supply. **In addition, he not only said it could kill humans, but he warned that a wave of deaths would soon hit Britain.**

Immediately, the Establishment set to work to destroy Lacey's conclusions, and even his character. He was said to be a shoddy researcher and opposed to best interests of the British people. One publication called him "an airy-fairy, politically suspect vegan." Another said he was trying to dismantle the 6-billion dollar-a-year British beef industry.

The funding for Lacey's research was canceled. But, refusing to give up, he warned that there would eventually be a fatal outbreak that would kill many Britains. In a nation whose economy was heavily keyed to beef production and its overseas export, he said people should stop eating beef and the newspapers should start warning people of the possibility of human infection. **Lacey went still further and said that 100,000 people in Britain were already infected.**

Something had to be done. Beef eaters were becoming worried and beef farmers were frightened. **Three things were done to solve the problem. First, Dr. Lacey was fired** from his research position at Leeds University. *Second*, the government established an Official Advisory Council. Of course, they left Lacey, the nation's only expert, off the board.

Third, the government told the farmers not to worry, that while feeding powdered sheep corpses to live cows probably wasn't a good idea, Brit farmers could do as they wanted. After all, had not the idea been given to them by American ranchers who regularly practiced "the grisly, fleshly humus pile" method for buffing up beef for huge profits,

The year was 1986. Brits happily went back to eating their cannibal-cattle burgers and steaks, and the beef farmers went back to their rewarding task of supplying them with scrapie-fattened cows to munch on.

Meanwhile, Richard Lacey set to work writing a book on the subject. It was with difficulty that he was able to continue his research; but fortunately, he already had a lot of data in hand. Some friendly researchers also provided secret help. We will discuss the findings of his book in more detail later in this report.

BRITISH BEEF STATISTICS: 1987 - 1994

In late 1987, 700 BSE-infected cows were reported in Britain. By the summer of 1988, the number had climbed to 7,000. Out of one side of their mouth, the experts said they were stumped. Out of the other side, they quietly passed a 1988 law making the use of sheep and bovine offal illegal. ("Offal" is the waste parts of an animal. It includes the intestines, manure residues, and diseased organs.)

But when Europe, Asia, and America heard about this law, they realized the livestock they had been importing from Britain was infected. Immediately they boycotted British sheep and beef, causing millions of pounds sterling profits to vaporize.

Unfortunately, this was a case of too little too late. **British livestock were already grazing in every country of the world, and had entered the breeding stock of nearly every nation on the globe.** The entire world had been eating imported British beef and lamb chops ever since the disease was solidly in place in the 1970s.

The world ban on beef and the 1988 law against grinding up sheep did not stop the progression of BSE in England. Cows kept dying. The number of infected dead cows soared from 1989's mere 7,000 to 36,000 in 1992. In eleven years, 160,000 British cows had gone four hoofs to the sky and there still was not an official murmur about human contagion—aside from Crazy Lacey whom no one took seriously

As already mentioned, the first confirmed cases of the bovine form of the disease (BSE) were reported in late 1986; but it is believed that the first case may have occurred in Hampshire in 1985.

By late 1994, the disease had been identified in nearly 150,000 animals and in just over half of all the cattle herds in Britain. Some scientists (including Lacey) have since stated that the only way to tackle the problem would be to destroy all herds which had cattle incubating the disease. The problem is that the ground would continue to have prions in it.

By the 1990s, deaths from the human form of the disease, CJD (Creutzfeldt-Jakob disease), began to enter the public press. More on that later.

THE SOUTHWOOD COMMITTEE

The British Government had been forced into an investigation it did not want! A lot of money could be lost. So it told expert scientists, including its own advisers, to keep quiet lest the hugely profitable meat industry suffer.

In May 1988, the government set up the Southwood Committee, to examine the risks of BSE to both animal and human health. Yet, amazingly, no experts on spongiform encephalopathies were appointed to that committee, and none were consulted! Lacey, of course, was ostracized. Although experts in their own areas, not one of the members of the Southwood Committee had ever done any research into spongiform diseases.

In June 1988 after the first meeting, the Government, on the advice of the committee, ordered the compulsory slaughter and destruction of the carcasses of all affected cattle. But it was already too late. Between the date of the first known case of BSE in late 1986 and the middle of 1988, at least 600 obviously diseased cows (plus an unknown number of animals not yet obviously ill) had been slaughtered; and their meat had found its way onto supermarket shelves. **Since they received only half the normal price in**

compensation for the carcasses, the hard-pressed farmers were thus encouraged not to report suspect cattle. The real extent of the problem remained unknown.

The second recommendation of the Southwood Committee was to set up another committee to do more research. But it announced that the problem was too big for them to handle. Those learned men did not want to be ostracized, as Lacey had.

Elsewhere in the Southwood Report was the admission that spongiform encephalopathies were a danger to humans and stated: "With the very long incubation period of spongiform encephalopathies in humans, it may be a decade or more before complete reassurance can be given."

The Southwood Committee then stated their theory about the possible ways the disease could be transmitted. Eating the meat was listed as one of the least likely causes. While admitting that all cows had contracted BSE by eating, they were saying that people could not also get the human form of the disease (CJD) by eating. They were suggesting one rule for cattle and another for humans.

Two other general conclusions of the Southwood report were these:

(1) They declared that the risk of *vertical transmission* of BSE (that is, passing the disease from mother to calf) was non-existent. That has since been proven incorrect. Both cows and people who have a spongiform disease can pass it on to their offspring. This is a key point and of the highest significance. **Not only can cattle pass the prions on to their offspring, people can do the same.**

(2) Cattle would eventually be shown to be a "*dead-end host*"; that is, the disease would stop at cows but not infect other species. However, that theory would introduce the revolutionary, new biological concept of a non-infectious infection! **Cattle are not dead-end hosts. BSE has been spread from one species to another,** and this was known at the time the Southwood Report was issued.

The report added this ominous statement: "**If our assessment of these likelihoods (of possible human infection) are incorrect, the implications would be extremely serious.**" Their assessments have been shown to be incorrect. And that means we are confronted with a terrible crisis.

THE TYRELL REPORT

A second report—the Tyrell Report—was dated just four months later than the Southwood Report, but was not released to the public until January 9 1990, 7 months after it had been printed. Its conclusions have been largely ignored by the British Government.

For example, this report asked that the brains of cattle, normally sent for slaughter, first be checked to see which ones might have BSE. This would have shown how big the problem really was. **Not surprisingly, this has never been done, despite numerous requests from the UK Parliament.** The reason for not doing it was that it would be "too expensive." Too expensive for the people contracting the disease or for the meat industry? It was recognized that if consumers ever discovered they were buying infected meat, the meat industry would lose its vast profits.

The Tyrell Report also recommended monitoring all UK cases of CJD for 20 years (as a matter of "urgency"), to reassure the public that there was no public health link with BSE. At present, "monitoring" only means that a researcher checks death certificates for CJD! **No real investigation was ever planned because of what would be revealed.**

The Tyrell Report concluded with the comment that additional research was needed; and that current controls, to keep the disease from spreading, were not adequate.

All in all, the report was a fairly good analysis of the situation as it was in 1989. Unfortunately, many of the proposals it made were ignored by the government.

Officially, by this time the Government was telling beef purchasers everywhere that it was not known whether the disease could pass from cow to calf, whether it was possible for other species to contract

BSE, or whether the recent increase in sheep scrapie could be a possible cause for the increase in BSE cases in cattle.

The name of the game was to stall for time; all the while the citizens of the land continued happily chewing their beef burgers and steaks.

Although the official position of the Government was that BSE was about to disappear; nevertheless, in April 1990, it quietly made the Tyrell Committee "permanent." **Leaders in the British Government knew they were sitting on top of a time bomb, and they hoped they would all enter upon retirement before it exploded.**

THE BAN ON ANIMAL PARTS IN FEED

In order to make the most money, the meat industry throughout the Western world feeds meat to livestock. All leftover bits of animals from slaughterhouses, unsuitable for human consumption, are boiled up to produce fat and protein. The protein is placed in the animal feed.

Apart from the obvious high risk of different infections being passed on, **it seems strange that nobody had actually questioned the biological sense of forcing naturally vegetarian animals to become carnivores, eating the remains of other animals!** Both cows and sheep have several stomachs and long intestines, so they can digest grasses. They should not be given a meat diet!

In June 1988, the British Government imposed a six-month ban on feeding animal protein to cows and sheep. It was thought this was the most likely way the animals were becoming infected. In December, the ban was extended for 12 months, and laws stopped the sale of milk from cattle suspected of having the disease.

But banning infected feed did not stop the rise of BSE. Cases rose from 500 per month in January 1989 to 900 per month in December 1989.

The number of BSE cases per month rose from 800 in January 1990 to 1,500 in December 1990. Yet the Southwood Committee had predicted a maximum of 400 cases per month.

JUMPING THE SPECIES BARRIER

For four years, the British Government reassured the public that BSE could not infect other species. But tests carried out in February 1990 proved the opposite. **It was discovered that BSE could be transmitted to mice by feeding them contaminated meat, and it could be passed to other cattle by injection.** Cattle were no longer "dead-end hosts."

The disease had never previously been reported in cats; but, in May of the same year, a domestic cat died from a spongiform encephalopathy. However, in spite of such evidence, the Government continued to deny that spongiform encephalopathies could jump species. In fact, that is the very nature of the disease. But by the time 52 other cats had died in July, the government finally admitted they had contracted the disease through eating pet food. As this report is written, over 80 cats in Britain of have died of BSE.

The question was no longer "Can BSE affect other species?" but "How many species will it affect?"

THE CRISIS IN BRITAIN DEEPENS

A month earlier, **in January 1990, trading standards officers in charge of the cattle yards revealed that infected cattle were still being sent to market** because farmers were only being given half of the normal price for their cows. In response, a Ministry official denied that BSE was finding its way into our food, but some people were becoming more worried.

In April 1990, Humberside County Council banned the use of British beef in school meals. **The number of known cases of BSE had passed the 10,000 mark. In April 1991, the Ministry of Agriculture**

predicted that a peak in the number of BSE cases would occur that year and the disease would disappear by 1994.

But, by the end of 1991, 25,025 cases had been confirmed in Great Britain, providing the first indications that, despite government claims to the contrary, the disease was being passed from cow to calf.

[MORE EVIDENCE OF SPECIES JUMPING](#)

In 1992, BSE was transmitted experimentally to seven out of eight species of mammal, including pigs and marmoset monkeys. In four experiments, this was done by eating.

A puma and a cheetah were also reported to have died of the disease. **Evidence was mounting of an uncontrollable epidemic, with serious implications for humans.**

[VERTICAL TRANSMISSION](#)

By 1994, more than 17,000 cases of BSE were confirmed in cattle born after (after) the feed ban, with 500 cases known to have come from mothers which later developed BSE. This meant that BSE was infecting cows by means other than infected food. However, the government tried to explain this by blaming farmers, feed compounders, and renderers for breaking the law. They were accused of continuing to put ground-up sheep and cattle into cattle feed.

But that was only an attempt to deny the fact that vertical transfer of BSE was taking place. The mother cows were passing BSE to their calves in the womb. *The existence of vertical transfer means that the infectious agent must be in the cow's blood and will therefore be found in virtually all parts of the animal—all beef products.*

By 1994 the government had still taken no action to control cattle being moved from BSE infected herds to other herds, nor had they taken any other steps to control the epidemic. The total number of confirmed BSE cases exceeded 137,000 by the end of August 1994. This was more than six times the number predicted by the Southwood Committee in their "worst case scenario."

In April 1994, the Government finally admitted that cows did pass BSE on to their calves.

[BRITISH PUBLIC LEARNS OF CJD DEATHS](#)

People had been dying from the human form of the disease, CJD (Creutzfeldt-Jakob disease), for years. But it was not until the 1990s that news of it began creeping into the public press.

CJD claimed the lives of two dairy farmers who had tended herds with BSE infected cattle. The number of human CJD cases in Great Britain was nearly ten times higher than the annual number recorded by researchers 25 years earlier and twice as high as the number recorded five years earlier.

Vicky Rimmer, a 15-year-old Welsh girl, developed the symptoms of CJD, despite no family history of the disease or medical mishaps such as faulty blood transfusion. She was also extremely young, considering the very long period it normally takes for symptoms to show. This meant that the disease was most probably contracted from an external source, more than likely food.

A doctor from the CJD surveillance unit was sent to Vicky's home and, after examining the girl, told her mother not to make her daughter's case public. According to the *London Daily Mirror* (January 25, 1994), he told her she should think of the economy and the Common Market.

In 1993, World Health Organization (WHO) figures indicated a total of 250 suspected, and 117 proven, CJD deaths with the average age of the victims being 27 years (descending from the former CJD average of 63 years).

But the bell didn't stop tolling: 56 Brits died of CJD in 1994, followed by 42 cases in 1995.

In the summer of 1995, the Canadian Red Cross had a blood recall, when they discovered two infected Canadians had donated blood. But the press only wanted to talk about a sick bull whose owner refused to destroy him.

In February 1995, Dr. Richard Lacey, the British scientist who first predicted this crisis in 1985—and was fired for speaking up—finally published his bombshell book. More on this later.

After initially castigating Lacey's book, the November 1995 issue of the *British Medical Journal* suggested the possibility that people might get Mad Cow from eating beef. Three million Brits immediately quit eating beef.

In March 20th, 1996, Agriculture Minister Dorrell announced to the world that British scientists "suspected a link" between BSE and its human equivalent, CJD. A link between spongy brains in British cows and the even spongier brains in British politicians was at last officially on the record.

Dorrell's admission caused a furor which put photos of stumbling, cross-eyed, drooling cows on television screens across the planet and made England's Wimpys and McDonalds burger shops stop serving beef and begin marketing a soy patty (which they did for all of three days until they had some European beef flown in and started resupplying the real thing.)

English schools immediately stopped serving beef in cafeterias. **All this furor shot American beef, grain, soy, and especially corn prices sky high in anticipation of a U.S. corner on the feed market.**

Staunch and patriotic politicians that they were, **Prime Minister Major and the German and Italian politicians ate veal chops for lunch in Turin as they haggled over the ban.** That recalled the experience of a few months earlier, when a Brit minister force-fed his gagging 4-year-old daughter a burger in front of the press corps.

The Royal Family stodgily continued serving beef at Buckingham Castle, recalling how, during World War II, they patriotically stayed in London dodging bombs alongside commoners.

All this was intended to shore up the British beef industry and keep the people buying its products. And it worked for quite a while. **The British people had put up with German V-2 rockets; surely they could live with little things like prions.** Besides, those fast-food burgers, doctored up with synthetic (coal-tar) flavors and colors, sure tasted good.

[PUBLICATION OF LACEY'S BOOK](#)

Finally, in February 1995, Lacey's book came off the press (although it carried a 1994 copyright).

If you want a copy of the book, here is the data: *Mad Cow Disease: The History of BSE in Britain*, by Richard W. Lacey, Cypsel Publishers, Ltd., Jersey, Channel Islands, 1994.

In his book, Lacey claimed there were already over a hundred dead Britains from mad cow disease. But **that implied that something was wrong with the British beef supply. So, immediately, two prestigious medical journals trashed the book in scathing reviews.** Not to be undone, the same week a new rock group came on the scene. Calling itself "*Mad-Cow Disease*," it made its London debut to rave reviews. Screaming, clapping Brits were thrilled and happily returned to their cannibal beef dinners. McDonalds was relieved and life returned to near normal.

Year after year, people willingly eat junk, ignoring the fact that their bodies are made up of what they put in it.

[STATEMENTS FROM LACEY'S BOOK](#)

You should know that Dr. Richard W. Lacey was widely acclaimed in the mid-1980s as the leading microbiologist researcher in the British Isles—until he began warning about beef.

Here is his professional biography: M.D. at Cambridge, Ph.D. at Bristol. Specialist "in both child health and microbiology." He is currently Professor of clinical microbiology at Leeds University (they later rehired him) and a consultant to the World Health Organization for Microbiology. He has published over 200 papers in scientific and medical journals and has won the Evian Health Prize for Medicine and the Caroline Walker Prize for Science. In 1986, he became an official adviser to the British Government as a member of the Ministry of Agriculture's Veterinary Products Committee.

Here are several significant statements from his book which, we who live outside of Britain, can learn much from:

1 - GOVERNMENT INACTION

It is clear that the British Government repeatedly did nothing about the growing mountain of evidence.

p. 80: "The definitive proposal [by the British government] to study the human risk" in humans is to "check death certificates for CJD" over the next 20 years. "This is just about the total sum of research done by the UK Department of Health."

p. 117: "I just cannot believe that an honourable independent scientist will say: 'In order to find out how big the problem is we are going to see how many people die.' "

p. 97: "The whole story of the action (and inaction) by the [British] Government, following the Southwood and Tyrell Reports has been one of delays, obfuscation, and misinformation."

p. 58: "As far as I can ascertain, none of [the members of the Southwood Committee] . . . nor the chairman, had undertaken any research in the field of spongiform diseases." p. 59: "What was quite extraordinary about the composition of the [Southwood] committee was the omission of experts of spongiform encephalopathies and the failure of the committee, once appointed, to co-opt them."

p. 59: "The first confirmation of BSE [was] in late 1986."

2 - GOVERNMENT ACTION

The British Government repeatedly carried out one cover-up after another, so the public would not learn the truth.

p. xx: "The British Government [beyond much reasonable doubt] has at all stages concealed facts and corrupted evidence in mad cow disease."

p. 89: "The drop in price [of British beef due to the BSE scare] would have been greater but for the intervention buying of unwanted carcasses at this price. These were subsequently stored deep frozen at considerable expense for the taxpayer."

p. 154: "It looks suspiciously as if the [British] Government has massaged the figures by back-dating deaths to earlier years."

p. 154: "[The Ministry of Agriculture's] Transferring [of] some 1,993 cases to previous years will very conveniently give a false impression of a recent decline in the epidemic."

p. 176: "From April 1, 1994, a new system of compensation to farmers was introduced," which "would discourage the reporting of BSE suspects."

p. 139: "In February 1992 [the Ministry of Agriculture changed] . . . the reporting and slaughtering procedures for BSE animals born after the feed ban." p. 140: "This change in procedure . . . will distort the number of BSE cases." "The numbers of animals confirmed, that were born after the feed ban, will inevitably fall."

p. 58: "After publication of their [Southwood] Report, Professor Southwood was promoted to Vice Chancellor of Oxford University, Professor Epstein was knighted and Sir John became Lord Walton."

3 - THE INFECTABILITY OF ORGANS

The British Government was careful to ban only the least profitable animal parts from sale. Yet BSE had been found in all body organs.

p. 85: "No action [was] taken over products containing these [11/8/89 banned offal] which were already available in retail outlets."

p. 85: "In late 1989, virtually nothing was known about the distribution of the BSE infection in the animal . . . as far as the range of organs was involved."

p. 17: "Several cases of CJD spread by blood transfusions."

p. 85: "The range of offals removed is not comprehensive. What do brain, spinal cord, spleen, thymus, tonsils and the intestines of cattle have in common?" "They are of little commercial value."

p. 86: "[Scrapie] infectivity was found in the liver, kidney and bones, sometimes at high levels."

p. 86: "**The greatest risk could come from bones because the procedures used to concentrate and purify gelatin could also create a potent source of the BSE prion.**" [This would include bonemeal in food, *i.e.* calcium supplements, capsules, and gelatin products.]

p. 88: "The reason why researchers have found BSE infectivity in very few cattle organs . . . is that the mouse assay test that is used is too insensitive."

p. 88: "With vertical transmission of BSE confirmed in 1993/1994, the infectivity of blood is implicit, at least as far as cattle are concerned."

4 - EXPERIMENTS NOT DONE

The British Government repeatedly refused to carry out the necessary experiments which would have exposed the seriousness of the crisis.

p. 78: Despite the Tyrell committee recommendation, the experiments that "would have established the frequency of animals that were highly infectious, but not yet ill, that went into the food chain," have not been done.

p. 79: "The official justification for not doing this research [‘despite numerous requests in the UK Parliament that it be done’] was that it was too expensive . . . Too expensive to know the scale of risk to the British public?"

p. 177: How about "feed[ing] milk from a BSE cow to a calf to see if any infectivity was transferable."

5 - THE TERRIBLE DANGER

While the British Government dawdles, this terrible plague increases monthly, and more cattle and people are infected and destined to die.

p. 27: "As many as 30% of BSE infected carcasses [are not incinerated and] end up in landfill sites."

p. 69: All cattle "known to be infected" should be destroyed by law; "but what about all those that are infected, but are not known to be because they are slaughtered before their terminal disease develops?"

p. 96: There is a government initiative "to slaughter and destroy all affected cattle." Notice that they do not use the word "infected," which "would also include the countless cases still incubating the infectious agent, but not yet ill."

p. 104: There is no way to detect all such cattle and cows that carry the infectious agent but appear clinically normal."

p. 118: The concern, that "if our worst fears are realized, we could virtually lose a generation of people," "was based on the well-documented instances of almost 100% of all mink on a ranch succumbing to spongiform encephalopathy following eating contaminated feed."

p. 180: "Many sub-clinically infected cattle . . . pass into the British food chain as meat every day."

6 - VERTICAL TRANSMISSION

p. 78: "In almost every Ministry of Agriculture document from 1990-1994, vertical transmission was claimed to be exceedingly unlikely."

p. 148: CJD "infectivity was [found to be] present in the placenta, in colostrum . . . and in cells within the umbilical cord."

p. 174: "Over 11,000 BSE cattle have been born after the [contaminated feed] ban."

7 - CREUTZFELDT-JAKOB DISEASE

p. 18: "Researcher have found an association between eating pork, ham, hot dogs, roast lamb and CJD."

p. 6: "Pathologists are often unwilling to undertake postmortem examinations of patients considered as having possibly died of CJD."

p. 8: About 95% of people who develop [CJD] . . . are aged between 40 and 75." There was no "evidence of an abnormal gene causing the disease" nor any "contaminated hormones, grafts, implants or blood transfusions."

p. viii: "The best guess is that 'mad person disease' could emerge an epidemic in Britain" within a very few years.

p. 145: "Virtually all mammals tested were vulnerable, so man is likely to be vulnerable."

10 - RECOMMENDATIONS

p. 30: "Where a BSE case was confirmed, the entire herd should have been destroyed and incinerated, with restocking from BSE-free sources on *new* ground." p. 95: Doing this, "would result in the deaths of six million cows."

p. 175: The "estimated . . . cost of replacing the infected herds was 30,000,000,000 [pounds]."

p. 175: "There is also the problem of needing to house the new herds on fresh territory to prevent reinfection."

COWS AND THE DAIRY INDUSTRY

BSE has affected all breeds including, significantly, Jersey and Guernsey cattle on their respective islands. Jersey and Guernsey are the best breeds of milk cows that money can buy. The black and white Friesian Holstein (beef) cows are the most commonly affected, simply because there are far more of them

in Britain than other breed. **The youngest case so far recorded of a cow showing the symptoms of BSE was 20 months and the oldest 18 years.**

The cattle industry in Britain is under constant pressure to produce more milk and dairy products at the lowest possible cost because the public demands it. To provide as much milk as possible, cows are often fed protein-rich concentrated food made from the carcasses of other dead animals that have been sent to stockyards (called knackers yards in Britain) or rendering plants.

Cows only produce milk when they have had a calf. After a nine month pregnancy, the calf is removed within a day or two of birth. A few months later, while still producing milk, the cow is artificially inseminated again. Cows have around three or four pregnancies before their milk yield begins to drop. **Each cow is eventually slaughtered at six or seven years old, even though its natural life span would be 20 years or more. Most parts of the cow are used to make burgers, sausages, pies, stocks, and pet food. Until 1989 in Britain, this also included the brain.**

More than 90 percent of BSE cases have been in cows rather than bulls, simply because cows live longer. Beef animals are usually slaughtered around three years old and veal calves at six months. As BSE appears when the animal is around four to five years old, **most beef animals are slaughtered before they are old enough to show symptoms, although they may have the disease.**

FACTS WORTH REMEMBERING

It is now known that BSE and CJD are just two aspects of the same disease, the one occurring in animals, the other in man. *Here are important facts which you should know:*

The period between becoming infected and showing symptoms for spongiform encephalopathies can be long in relation to the life span of the animal or human involved. Scientists know that **research studies of Kuru in New Guinea revealed that frequently it took as long as 30 years before the person becomes visibly ill with Kuru (which is Creutzfeldt- Jakob disease).** The disease bores into the brain and nervous system very slowly; but, once established, it rapidly causes dementia and death. **No treatment works. Postmortems show the brain to be sponge-like and full of holes, hence the name "spongiform."**

The "mysterious agent" that causes spongiform encephalopathies is not just found in the brain! It has been found in many of the organs and tissues of animals. For example, cells from the spleen, thymus, and tonsils enter the blood and find their way to many organs, including the liver and bones.

The bones of old cows are one of the major sources of the protein gelatin, used in many foods from peppermints to pork pies. **The greatest risk could come from bones because the procedures used to concentrate and purify gelatin could create a stronger source of BSE.**

Confirmation in 1993, that the disease can be passed from the cow to the calf—established that transmission can be by blood. So **blood can also contain the disease.**

WHAT HAPPENS TO THE DISEASED COW?

In cattle, the first signs of the disease occurs when the cow is put under any slight pressure or stress. Movement to a milking station might induce fear, panic, and stumbling; and the infected animal may stand away from the rest of the herd, holding its head in an awkward posture. Despite a good appetite, the amount of milk she produces may drop and she usually loses a lot of weight.

As the muscles waste away, there may be twitchings, quiverings, and shaking. Strange behavior can occur, such as grinding teeth, and sometimes the moo is odd.

The cow over-reacts to touch and becomes very jumpy. Eventually, she will shake violently; stagger; and, in the end, be completely unable to stand up.

It is the combination of a drop in milk and the fear that the cow will fall and be unable to stand again that makes the farmer call in the vet. If the animal does not recover, it is slaughtered and **the head (with its**

nervous tissue) is removed for examination; it is "officially" believed that this is the only infected part of the animal.

This is unlikely, as flesh also contains nervous tissue. It also ignores the possibility of the disease being passed from mother to calf.

The rest of the cow's body should be burned, but **as many as 30% of infected carcasses end up in landfill sites**—where they could be disturbed by tractors, bulldozers, dogs, or rodents. **BSE is an extremely strong disease; it remains infective even after years in the soil.** (Recent disclosures indicate that burning bodies could send prions into the air.)

When cattle are killed for food, only the head (and some other parts such as the spinal cord, spleen and thymus—"specified offal") is removed. The rest is sold to the public. The official position of the Government is that people will not be at risk when they eat cows. So the flesh (containing infected nervous tissue) is eaten, and the bones are eventually made into gelatin which finds its way into many products.

People can contract CJD from eating the flesh of baby calves. This is another proof of transmission of the disease from the cow to the calf through the blood. **Those who regularly eat veal (baby cow meat) are 13 times more likely to develop CJD** than those who do not eat calf meat, according to the British Department of Health newsletter (*BUAV Newsletter, April 1995*).

[SYMPTOMS OF CJD](#)

The evidence is clear that humans are not immune from infection. Kuru, which originated in Papua, New Guinea, is definitely a form of Creutzfeldt-Jakob Disease (CJD).

If BSE can be transmitted to humans, then the resulting illness is expected to be like our own form of Kuru, which is CJD. Both are spongiform encephalopathies, which are diseases of the brain and always fatal.

As occurred in Kuru, patients first show symptoms of **mental changes—such as problems with coordination, recent memory loss, and slurred speech.** Sometimes **obvious twitching of muscles** can be seen, **the facial expression becomes fixed,** and **the person may stumble and fall over.** Over the next few weeks, **the person becomes confused and unaware, unable to read or recognize even close relatives.**

Towards the end of the illness, the patient is unconscious and not reacting to anyone; often having fits or jerking spasms; and is incontinent, blind, deaf, and speechless. Patients continue to be fed but are rarely placed on a respirator or given antibiotics for infections, particularly of the lung. It is the latter which usually results in death.

Many of these symptoms are similar to those of Alzheimer's, but CJD has a totally different origin.

[MEDICAL PERSONNEL FEAR CJD](#)

During the postmortem, extreme care must be taken because the disease is incredibly infectious. The pathologist wears a mask, goggles, gloves, boots, and a plastic apron; and any instruments that have been used on patients suffering from CJD have to be thoroughly sterilized. For example, the silver needles used for the EEG (brain examination) must be treated with high pressure steam for prolonged periods of time or put through six successive heat cycles in a sterilizer. Even then there is no guarantee of destroying the infection. **If contaminated instruments are used on another patient (which they will be if the person was not visibly ill with CJD), the disease can (and indeed has been) be transferred.**

CJD is so feared by the medical profession that they have refused to perform autopsies on patients suspected of dying from it. Some hospitals have even refused to admit patients suffering with it. **They find it far easier to just diagnose the victim as having Alzheimer's, without doing an autopsy.**

WHY THIS PROBLEM WILL GET WORSE

There are several reasons why this problem is going to keep getting worse. Here are far more than a dozen of them. Others are explained elsewhere in this study:

You can get BSE from any part of an animal. Mammals contract BSE, scrapie, and CJD by eating the flesh of other infected mammals. Blood, corneal transplants, and hormonal injections can also transmit it. This would include pituitary, thyroid, and insulin injections.

U.S. and British sheep were infected at the same time. Both U.S. and British sheep were infected simultaneously back in the 1940s from research waste discarded by scientists trying to figure out the cause of Kuru.

As early as the 1970s, both the U.S. and British scrapie sheep were being fed to cattle. Scrapie appeared in sheep in both the U.S. and Britain by the 1970s. In both countries, the dead sheep were sent to rendering plants which turned them into protein powder, which was fed to cows. That spread the disease widely.

Cattle are not checked for the disease before they are slaughtered. The USDA in America only studies the brain of 100 cows per every 100,000. That is an extremely small sample.

BSE/CJD cannot be detected during incubation. BSE and CJD cause no antibody response. When infection enters an animal or human, the victim's immune system shows no sign of fighting the infection as it does with bacteria, germs, and viruses. This is because the immune system can neither detect nor fight it. Scientists cannot use the antibody-search method to see if someone is sick, as is done with AIDS.

No scientist can tell if a cow or human is in an incubating phase of BSE/CJD. The only exception is brain biopsies, and that is not done until after death occurs. There are no tests, no genetic markers. Prions are not reliably found in urine. Prions can be seen in brain tissue, but you cannot open the skull of a live mammal to scoop them out.

It can take years before the full-blown disease appears. CJD disease takes between 10 and 50 years to eat away the human brain. In cows, death strikes as early as one year after exposure, as late as 8. If a cow whose milk you are drinking has it, her calf, sent to be a veal chop last winter had it when you ate him. An older cow may fall over dead with it, but meanwhile her infected calves have long since been slaughtered and served at dinner tables. The long incubation period means the farmer cannot see that the animal is ill.

BSE/CJD can be transmitted to one's children. Both cause a genetic mutation which is transmissible. Therefore, if you contract it, all your children will get it too. Sheep and cows pass it to offspring. Chickens can put it in their eggs. This is why the FDA has demanded that all donors to the blood supply answer the question, "Has anyone in your family died of Cruetzfeldt-Jakob?" The disease is 100% inherited and one drop of blood of a descendant of a CJD victim can infect all your descendants down through time.

People have been dying faster from CJD than earlier. It was once thought humans could incubate the disease for up to five decades without going into the final dementia stage, but lately British teens have been dying of it.

Farmers make too much profit selling dead cows for animal feed, for them to stop. Farmers have to pay \$500 in order to have an autopsy made of a dead cow. But they can sell it to a nearby rendering plant for \$100. Then it is processed into cow food.

The U.S. ban on animals in feed is being ignored. In America, there is now a ban on putting animals that died into feed. But it is well-known that it is being done anyway.

The USDA has not banned blood in animal feed. The U.S. Department of Agriculture banned diseased meat in animal feeds; but, to date, it has not banned putting blood from dead animals into the feed stocks. That link is contaminating the cattle of America today.

It is extremely difficult to kill prions. BSE and CJD prions cannot be killed the way we fought the plague, cholera epidemics, or ebola—which is generally done by burning bodies. BSE/CJD is passed on by means

of prions, which are proteins that degrade at 800o F. That is far higher than the temperature which would reduce them to ash.

Infected meat should not be burned. Burning is a bad idea, as prion molecules go up in the smoke, airborne and fall back on the land. Britain is now considering burning 5 million cows soon, which will loose the prions into the air, to fall back on the land and into the lakes and rivers.

Prions infect every part of the body, not just the brain. Although BSE/CJD attacks brains, it is in every part of the victim. Therefore every part of the cow is affected. None of it should be eaten. This contamination cannot be removed by cooking.

Do not use blood meal in your garden. A British vegan woman caught CJD simply by dusting her roses with blood meal.

Thousands of cows are mysteriously dying in America. Since 1981, the United States has had thousands of "downer" cows. These are cows which have died mysteriously. Dr. Richard Marsh, a virologist on the Veterinary staff at the University of Wisconsin at Madison, says he has seen 100 cases of BSE in America between 1981 and 1989. If the prions entered U.S. beef 15 years ago and have been multiplying ever since, a million cows could be infected. In order not to disturb the public, the fact that so many cows are dying is being kept from them.

More on the "downer cow" syndrome in America. Massachusetts Institute of Technology and the National Institutes of Health first explored a connection between BSE, animal foods and dementia as far back as 1981, when American cows began to come down with a mystery disease known as "Downer Cow Syndrome," suspiciously like BSE. Many of the downers had previously exhibited symptoms of the jitters, others just suddenly dropped dead. Their brains were fed to mink who quickly manifested Mad Mink disease. In any case, downer cow corpses revealed BSE brain pathology; yet not a peep came from these scientists, not a whispered word to the farmers to stop rendering sheep into cattle feed, not a warning to the public to stop feeding beef to children. Since then, American farmers were allowed to sell sheep corpses for 28 years and cow corpses for 17.

CKJ deaths are occurring now in America, but they are being mislabeled as Alzheimer's. CDJ mortality figures hide behind the skirts of Alzheimer's. Some U.S. doctors know the truth yet haven't blown any whistles. The U.S. veterans hospital in Pittsburg autopsied 53 sequential Alzheimer's victims. Sampling #1 showed 5.5% had died of CJD; sampling #2 showed 6.3% had died of CJD. Alzheimer's death tolls are doubling and tripling in America, but this is not characteristic of a genetic disease. The rate of genetic diseases does not continually increase. People dying of CJD are being diagnosed as having Alzheimer's. That is why there are no CJD (mad cow) human deaths in America. A related problem is that labs will not test patients suspected of having CJD.

Private labs are afraid to let CJD tissue in the door to be examined. They would have to burn down the lab in order to be certain they had cleansed it of the prions. Dr. Richard Deandrea, a Los Angeles physician, who has studied CJD and BSE extensively, tells of his first CJD patient. After her death, which featured symptoms atypical of Alzheimer's (fingers numb, blindness, slurred speech, weak knees), Deandrea dogged the Center for Disease Control (CDC) in Atlanta for a pathologist who would provide him with an autopsy to see if it might be CJD. CDC evaded his phone calls for three weeks. Finally, a female CDC staffer told him that off the record—she would deny it later—"CJD is an issue no pathologist will deal with, a virtual death sentence to a lab. A well-trained pathologist knows the quarantine would never be lifted. You couldn't sterilize the lab to OSHA protocols. It would have to be gutted, incinerated. Forget it. Your patient died of Alzheimer's." So there may be CJD deaths, but there are not likely to be many CJD death certificates.

If you die of CJD, you will officially be listed as an Alzheimer's victim. Because no laboratory in America will knowingly do an autopsy on anyone suspected of having died of CJD. That Pittsburg hospital would not have made those autopsies if the staff had known they were working with CJD! The problem is that the prions cannot be eradicated by normal methods. One researcher said that, while we keep eating our burgers, officially on all our death certificates we are going to die of Alzheimer's, not CJD. That Pittsburgh veterans hospital sampling never hit the major news wires.

Beware! BSE cow parts could be in more products than you thought possible. Gelatin caps, used to enclose vitamins and minerals, come from cows. Break them in your mouth and immediately spit out the gelatin. Glandular supplements from animals come from cattle or pigs. The glue on your envelopes and postage stamps comes from dead cows.

Even more than AIDS, BSE is the most prevalent, virulent disease to hit this planet since the plague. You can only avoid it by refusing to eat anything which contains meat. Forget ebola which kills you so fast you can't move ten feet and give it to anyone else, an epidemic which trained medical personnel can rather quickly eliminate.

Scrapie sheep are fed to feeder cows, which are then fed to dairy cows and beef cattle. That is how the USDA gets around the prohibition on feeding scrapie sheep to the cows you eat! Ted Koppel interviewed Dr. Richard Marsh on Nightline a year ago. It went like this. Koppel: But we (in the U.S.A.) don't feed sheep brains to cows, do we?" Marsh blinked. "I don't know where your information comes from, but we do." He was instantly cut off by a commercial and did not reappear that night. The truth is, Virologist Marsh, a seasoned veterinarian, knows of what he speaks. He observed this problem in Wisconsin, from 1981 to 1989. Dead sheep were fed to feeder cattle, which, after fattening, was used to feed thousands of other cows who have bred thousands of animals.

Pigs and chickens are also fattened with Soyilent Green. This is one of several types of powder from ground-up feeder cattle which are sold to farmers to fatten up their livestock. It consists of the remains of diseased animal parts and blood.

Prions like it in America. All the same, the beat goes on. On March 20th, 1996, the very day that Minister Dorrell lit the fuse on the Mad-Cow bomb in London, a Florida man died of CJD. His wife gave a TV interview describing his shaking knees, his lack of co-ordination, quick slipping into a vegetative state, followed by death and said that her husband had never traveled abroad in his life. Why would he have to? Prions enjoy the American climate.

How to silence the media. The beef industry frightened the TV networks into a news blackout on the subject. They are now afraid to discuss the subject. The Oprah Winfrey Show interviewed an ex-beef rancher who had seen U.S. sheep and cows dying of BSE. Immediately, beef dropped 150 points on the commodities market; and the beef industry, under the guise of "Texas cattlemen," sued Oprah for daring to openly discuss the subject. Even though she was found not guilty by a Texas jury, no television network is likely to talk about mad sheep and cows for awhile. *But the beef industry actually won.* They got their message across to the major networks: Tell too much about mad cow, and we will see you in court.

Small stations are more likely to reveal death toll statistics. In California, KCAL-TV News reported two recent CJD deaths, one in Stockton and the other in San Francisco. Dr. Richard Deandrea knew of a death in Lancaster, California, and another in Minnesota— all in the previous few weeks; yet the NIH claims it knows of only 11 CJD deaths since 1994.

Bypass protein animal feeds are deadly. Scientists who invented the "bypass protein" method of feeding livestock (taking the rendered corpse of a dead animal, grinding it into meat meal, mixing it in with grains) have turned an attractive planet into a potential graveyard. Scientists who turned healthy herbivores into cannibals may have shot themselves and humanity in the collective hoof. In order to make a lot more money in the short term, the meat industry will eventually destroy itself.

Feeding diseased animals to grazing stock also produces other diseases in the people who later eat that livestock. Even if there were no prions lurking, when you feed an herbivore protein, its body produces *ptomaines*, which cause lesions or tubercles in its body. That means tuberculosis. In 1989, the National Association of Federal Veterinarians decided to create a "test-balloon" state. They allowed California to sell meat infected with tuberculosis, a practice illegal since 1906. TB immediately went up 36% in the sunshine state. We do not need any more test balloons.

Hormones sicken the livestock you eat. Bovine immune systems have been destroyed by several other common practices. One example is the massive daily injections of synthetic growth/lactation hormones which exhaust the cow who is chemically stimulated to give 40% more milk. It costs the dairy farmer \$400 a year for all the drugs and chemicals he has to inject or feed his cows. They are walking chemical plants.

Antibiotics are given to keep the weakened livestock alive. All those medicinal drugs are necessary to ward off the multiple infections caused by the other chemicals given to the livestock. One problem leads to another.

And there is more. Consider the painful mutilation of cows with more than 4 teats. (Many have 8 teats; extras are amputated without anesthetics.) Then there's dehorning, also done without anesthetics. Keep in mind the hormones of grief created in Bessie when her offspring is calf-napped on its second day of life. This is followed for 305 days while the milk intended for the calf is stolen by the farmer. That ends with a two-day starvation period (no food or water), to dry up her milk and get her ready to "calve" again. A happy cow would live 25 years on a happy farm. *A dairy cow is exhausted at 3 to 5 years of age.* Her reward: She is slaughtered and her poor, suffering corpse is eaten by humans as burger.

The Prusiner Report. The definitive U.S. report on prions was written by a leading prion researcher, Dr. Stanley Prusiner. He is a professor of neurology and biochemistry at the University of California School of Medicine, in San Francisco.

Although his large study goes into some depth on the habits of prions, he never once mentions the danger of eating meat. Unlike Dr. Lacey, Dr. Prusiner remained politically correct.

Hiding behind Alzheimer's. The puzzle pieces have stayed in the box; because, since the 1970s, CJD has been able to hide behind the skirts of Alzheimer's. The Alzheimer's Foundation itself seems to be clueless, saying that if current trends continue, 14 million people will have Alzheimer's by the turn of the century. No mention of CJD from them.

Extrapolating from Pittsburg figures. It is possible to estimate the number of people who eventually will contract CJD. If, as the Pittsburg veterans hospital disclosed, 6% of Alzheimer's cases are really CJD, in the next 4 years, 840,000 U.S. humans could die of CJD. If they were of childbearing age when they caught it, there is the possibility that millions of their offspring could carry it in their genes. Many people could eventually go into spasms, then idiocy and comas, costing their families and the health system \$120,000 per patient. Likewise with all their descendants, forever. Prions are not something to play around with. Yet Western governments have done it for nearly 30 years.

A different estimate, based on the percentage of Kuru deaths. Among the Fore, the tribe of cannibals who got Kuru in New Guinea, only about one percent of the population seemed affected. This one percent figure suggests a genetic bias, and some genetic biases have been detected. This may serve as a model for predicting human death rates. Evidence suggests a one in a million rate of spontaneous occurrences among susceptible species. Once inserted into a food chain that recycles animal protein, one in a hundred may get it.

In America, that one percent would translate to well-over two and a half million slow, expensive deaths, a far worse epidemic than AIDS!

Genetic diseases do not double and triple their rate. Alzheimer's is a genetic disease, which is apparently doing something today that genetic diseases do not do: It is doubling and tripling its death toll. But it is so handy to blame Alzheimer's. Doing so helps the labs, because they do not want to autopsy anything savoring of mad cow disease. It helps the meat and fast-food industries; they can keep selling more burgers. It helps the television stations, because they do not want any more lawsuits. It helps the government, because they want it always said of them that they do everything right.

Silence is golden, even though it can be fatal. Admittedly, if even a whisper of prions in America was voiced, huge losses could result to the \$50 billion-a-year meat industry in America.

In Britain, five days after Dorrell's admission that CJD was caused by BSE and there was the faint possibility of danger in prime ribs, the entire European Union ordered its second ban on British beef exports (the first had expired). A \$6 billion-dollar-a-year beef export market collapsed in a single day. Loose lips sink world economies but silences go before apocalypses.

Getting rid of the whistle-blowers. Dr. Richard Lacey was not the only warning voice. There were others: Haresh Narang, a microbiologist, employed by the Public Laboratory Services in New Castle, said CJD in humans came from BSE. Microbiologist Dr. Steven Doeller, said scrapie, CJD, and BSE were the same thing. But all the cries of the whistle-blowers were ignored.

Then, in 1995, when Dr. Lacey's book was printed, both the *British Medical Journal* and *New Scientist*, two of the most respected professional journals in England, declared the book unfit for the reading public. His book made the beef industry so nervous that, in December 1995, three more articles were planted in prestigious British journals: *The Economist*, *Nature*, and *New Scientist*, declaring that there was nothing to worry about; Lacey was dead wrong. Interestingly, all three articles were written by "Anonymous."

U.S. sheep are still fed to cows. The FDA and public health officials all know that diseased sheep that die are fed to cattle. In the U.S., approximately 200,000 animals are slaughtered daily.

RECENT DEVELOPMENTS

Chaperonins affect protein folding. *Chaperonins* have been discovered to be key chemicals which are implicated in possibly preventing the mis-folding of proteins which are the basis for BSE/CJD and Alzheimer's.

Nobel Prizes for mad cow research. A Nobel Prize has been awarded to Carleton Gajdusek for Kuru/CJD research. Another Nobel Prize has been awarded to Stanley Prusiner for CJD/Prion research.

Cows, Sheep, Pigs, Mink, and humans have all contracted the disease and died from it. It has been scientifically established that prions cannot be killed merely by boiling or cooking. Dr. Richard Lacey has predicted that, by the year 2015, each year over 200,000 people will die. As of November 10, 2000, the current "official" death toll is 81 in England and 2 in France (*AP News*).

Narang's testimony. Dr. Haresh Narang, a British microbiologist and CJD researcher, has come forward and said he first detected variant CJD in humans back in 1988. He claims that he was ordered to stop work on BSE, in 1990, and subsequently "laid off." He believes the British authorities have blocked and undermined research and detection efforts into the disease.

The crisis hits France. After ridiculing Britain for over a decade as a decadent society with infected beef, the mad cow crisis hit France in 2000; and it was forced to ban the sale of beef. Many French towns ban beef use in school cafeterias.

Germany also. Germany laughed at both nations for their sloven meat practices,—and then discovered that its own beef supply was infected. Germany has banned beef; and its meat industry is now like that of French and British before it, in shambles. By January 2001, the German government had extended the ban to pigs and deer farms.

Stealing from the zoo. The January 28, 2001, press reports that people are sneaking into the Berlin Zoo, at night, and stealing geese and other animals and eating them! They are afraid to buy meat at the grocery store. (But, very likely, zoo animals are fed the same rendered rations.)

If the situation wasn't so miserable, it would be funny. Read this:

"Nothing seems sacred any more as Germans, confronted by empty shelves at the supermarkets, go foraging for food. With BSE beef already off the menu, followed by sausages and now pork, filling a German belly is becoming nearly impossible. As hunger grips, no one, not even the dedicated Kreuzberg zookeepers, will object to a bit of theft" (*AP, from Berlin, January 28, 2001*).

"Everyone must get used to elk, reindeer, ostrich, crocodile and other exotic meats which have recently turned up at the shops, or go hunting" (*ibid.*).

Thyroid, insulin, and other medicinal hormones. As of late 2000, questions are being raised about medicinal thyroid, insulin, and other hormonal extracts,—nearly all of which are extracted from pork or beef. Natural thyroid extracts include Armour Thyroid, and synthetics include Cytomel and Synthroid. The natural ones are taken from the thyroid glands of animals, such as pigs.

How fast does death come? There are several types of variant prions. Some act quickly while others come to full term and produce death more slowly. This may be why some young people have already died from CJD. Recent research on chaperonins (biochemicals that assist in folding proteins) indicates that they may be involved in providing possible additional resistance to the disease. (As mentioned earlier, prion diseases apparently involve mis-folded proteins.)

Analyzing pre-Alzheimer's conditions. It would be helpful to know more about the symptoms which indicate the earliest onset of CJD. Here is data on the early onset of Alzheimer's, which is a similar disease: Scientists claim they could often detect the condition decades early, simply by noting the manner of speech and writing of a person. People with pre-Alzheimer's condition seem to rely more on lists and relationships than logic and cause-and-effect reasoning about the world. They also tend to write shorter, simpler sentences long before clinical neurological deficits become evident. (That research was done using nuns, comparing their original statements of intent to become nuns with their conditions decades later.)

Rendering only legal in America. In all other countries the "cash for corpses" practice is illegal. In the U.S.A., until 1997, it was entirely voluntary whether a farmer renders corpses; so, because they could not ignore free hundred dollar bills, they regularly sold their dead cattle and sheep to the feed companies. It was not until January 3, 1997, that the practice of rendering bodies and using them for animal feed was finally stopped. On that date, it was announced that offal could no longer be used to feed animals eaten by humans.

How to corner the market. In anticipation of all the American beef and feed that would be exported overseas, as a result of the British and European bans on their own beef, the U.S. cornered the world beef and feed market and U.S. grain futures soared to a 15-year high after Britain's admission of BSE in its cattle.

The British protest. But when the U.S. offered to supply them with all their beef, the British screamed that American beef already had plenty of the disease. Declaring that they originally got their sheep offal powder practices from the U.S. in the early 1970s, the British demanded that all American animal products be banned in their country. They also reminded the Americans that meat and bonemeal imported from Britain, from 1980 to 1989, was used for U.S. poultry feed!

U.S. chickens. In reply, the USDA said that they have never found a chicken sick with BSE. But the reason for that is the fact that U.S. chickens are killed before they are old enough to openly manifest the symptoms. No U.S. fryer lives long enough to manifest dementia, but it has lived long enough to give the disease to the person who eats it.

U.S. hunters dying of CJD. Between 1998 and the end of 2000, three young hunters in Western U.S. died from CJD. Other deaths are suspected.

WHO says CJD may have spread worldwide. On December 22, 2000, on behalf of the World Health Organization, Dr. Maura Ricketts issued a statement warning that "exposure worldwide" to BSE and CJD may have already occurred. The statement went on to say the WHO is going to convene a major meeting of experts and officials from all regions to discuss this problem. It will be held in Geneva in late spring 2001. This announcement followed a review of scientific evidence of several experts. "Concerns center on British meat and bonemeal exports in the 10-year period between 1986, when BSE surfaced in Britain, and 1996, when an export ban was imposed on British beef" (Reuters).

Over 90 deaths from CJD in Europe. Since October 1996, alone, over 90 people are acknowledged to have died of CJD, with more dying each year than the year before.

Blood donors banned. On January 17, 2001, the FDA ordered a ban on blood donations in the U.S. from anyone who has lived in Britain or Ireland longer than six months, between the years 1980 and December 1996.

Wild animal BSE increasing in U.S. As of mid-January 2001, mad deer disease, also called chronic wasting disease or CWD, has hit a full 15% of free-ranging deer and elk in northeastern Colorado and southeastern Wyoming.

Deaths from contaminated surgery. A web chat comment provided this item: "A relative of mine, who is a doctor at Tulane University Medical School in New Orleans has firsthand knowledge of a patient who recently underwent surgery there. Apparently, the attending physicians and surgeons were unaware of the patient's condition (CJD). The medical instruments used on this patient were then used on at least 6 others before they were discovered to be infected. The instruments had been properly autoclaved after each surgery, yet each subsequent patient had contracted CJD. There are at least seven confirmed cases of CJD in Louisiana alone right now. This confirms that not only is CJD in the U.S., but it is being misdiagnosed by medical professionals. I was a paramedic in the '80s, and even back then we were taught about CJD and how it wastes the nervous system."

Latest official BSE count. This report is dated December 22, 2000, and comes from Reuters: "Since 1986, 180,000 BSE cases have been confirmed in British cattle, with 1,300 to 1,400 cases elsewhere in Europe (primarily in four countries: France, Ireland, Portugal, and Switzerland, with several dozen cases elsewhere on the continent), according to WHO. Small numbers of cases have been reported in Canada, Argentina, Italy, and Oman; but, in each of these countries, this was only in imported British bovine, it added. In all, 87 cases of CJD have been reported in Britain, three in France, and one in Ireland, according to the agency. " 'We know potentially contaminated materials were exported outside the European Community . . . We are trying to identify the countries that we should put our largest effort into,' Ricketts said."

[RHODES' NEW BOOK](#)

Pulitzer prize winning author, Richard Rhodes, has published a helpful book, *Deadly Feasts*, on the controversy. Here are some facts you will find in it:

Nobel Prize winner, Dr. Carleton Gajdusek (one of the foremost researchers of Kuru and other spongiform diseases), has declared that **all the pigs in England are infected with BSE; and that means not only pork, but also pig-skin wallets, footballs, but catgut surgical suture. All of these come from pigs** (p. 220). Noting that all the chickens fed on meat-and-bone meal are infected, he adds that, in America, beef male cattle are killed at or before age two, before they are likely to show the outward symptoms of the disease.

In America, chicken excreta (manure) is fed to cattle as a good source of nitrogen (p. 258). As for the American FDA's ban on feeding meat and animal by-products to cattle, Rhodes writes "That's a ban with exclusions big enough to drive a cortege of hearses through." Their own BSE advisory committee urged the FDA take stronger measures (page 257).

According to Rhodes' book, bovine spongiform encephalopathy has been detected in America, and not just in cattle. **The American form of BSE does not cause the staggers and other behaviors found in British cattle; but instead it results in a more "sedate" collapse of the victim, referred to as "downer cattle."** The nature of the brain damage is also distinct; a spongiform with differently shaped and oriented vacancies. Other forms have been transmitted via eating wild squirrels and wild bear. Some American zoos have lost animals to BSE.

Dr. John Pattison, Chairman of the British government's Spongiform Encephalopathy Advisory Committee (SEAC), Dean of the University College of London Medical School, **believes 500,000 people may already be incubating CJD in Britain.**

Dr. Alsleben has stated that **prions can be found in white blood cells, contaminating milk, and even in the animal grease used in lipstick.**

On page 222 of Rhodes' book, Richard Lacey of the Microbiology Department of Chapel Allerton Hospital, Leeds, points out that "there was no certainty that the source of infection had been cut off." " 'If it seems that the incubation-period average for CJD in humans begins to be about twenty five years, maybe thirty years,' he told me [Rhodes] grimly, 'then **the peak human epidemic will come around the year 2015**. If the current numbers of variant CJD cases increases by fifty percent per year, as they well might, that would take it to **about two hundred thousand [human] cases a year by then.**' " That comment is only about mortalities in Britain.

Why is the body filled with the prion infection before CJD symptoms appear? **What are the subtle effects long before the final destruction?** If these prions are indeed the rod-like structures researcher Patricia Merz describes on page 156 of Rhodes' book, then they would tend to impede cellular machinery long before they became long enough to break cell membranes and kill the cells. Thus it is possible that, long before that final break, subtle neurological effects could become evident. **Dr. Merz has definitely located prions in spleen tissue and elsewhere in the animals, long before any outward symptoms were manifest!** This is extremely significant. Prions apparently travel freely in the blood of these animals. **Therefore all tissue is likely to harbor some prions, not just brain tissue.** This means that large amounts of infected cattle have been fed to other cattle, which after becoming infected, have been sold to the public. But, since the human form of the disease (CJD) is misdiagnosed as Alzheimer's, the medical crisis continues to mount.

THE CRISIS COMES TO AMERICA

Mad Cow hits our shores in two blows—the first was on January 12th, 1996, when John Darnton wrote a long article on balmy bovines for the *New York Times*; **the second came March 20th, 1996**, when the British government finally admitted to the world that the obscure brain-disintegrating cow malady, called bovine spongiform encephalopathy, was the same disease found in a lot of dead sheep, in the brains of several hundred dead Brits, and the same disease that turned cannibals' brains to mush back in New Guinea in the 1940s.

PRESS RELEASE HEADLINES

We initially included excerpts here from a January 28, 2001 Reuters news release, showing the present BSE/CJD crisis in America. But we will instead place that in the booklet (see last page). That booklet will also contain a list of dozens of animal products used in foods, medicines, etc. *In place of that Reuters article, here is a collection of news headlines, spanning several months,—which show how explosive this crisis is becoming!* **We could have added a hundred pages of data to this study, but must conclude this study, so we can write on other pressing matters. Consider this:**

New mad cow cases in France; four herds killed / U.S. orders Vermont sheep killed over mad cow fears / UK's human mad cow cases rise 20%-30% in one year / Vermont sheep loss declared "no threat to humans" / Young UK woman's death blamed on mad cow / Mad deer disease spreads to Wisconsin / Infected venison may be fatal / Scientist says mad cow may kill 500,000 Britons / Nobel scientist says mad cow may infect millions of sheep / Some "herbal" supplements contain raw animal parts and risk of mad cow / Scientists now warn of mad cow risk in dental procedures / Human mad cow deaths in UK now rising 33% per year / USDA in state of emergency over mad cow in Vermont sheep / Mad cow and Alzheimer's proteins are similar / Mad cow worries increase over milk supply / Humans may be secret mad cow carriers / Mad cow / CJD species-jumping revelation confirms worst fears / Now known that mad cow may be spread by pork, lamb, and poultry / Mad cow and CJD may be transmitted invisibly / Canada fearing CJD bars blood donors / Rising death toll from human BSE / "Whirling disease" in trout is fish version of mad cow and mad deer disease / Strongest evidence yet that CJD is spread by blood transfusions / Blood donors with no symptoms can pass CJD / French cows eat infected feed linked to mad cow / Prions survive digestive tract / Terrible death of CJD girl videotaped in England / Scientists warn CJD can spread in dental and surgical procedures / Eight patients may have mad cow from reused "sterile" surgical instruments / Anti-aging creams exposed women to CJD risk / UK scientist says every Britisher has "eaten 50 BSE meals" / Swiss to ban all animal meal in livestock feed / EU plans to outlaw British blood / Barrels of BSE waste float away in Britain's worst floods / BSE-infected chemicals may be in UK water supply / Half of UK tonsil tools could carry mad cow / UK refuses to ban surgical instruments in tonsil removal, in spite of CJD / France calls for immediate moratorium on bonemeal in feed / mad cow panic spreading through Europe / France bans animal meal in livestock feed / French beef sales off 50% as mad cow fear

deepens / Dutch discover seventh mad cow case / Lion in British zoo dies of mad cow / Mad cow now found in Azores; all cattle to be slaughtered / Spain in panic over first mad cow / Germany finds first two mad cow cases / Government tells UK physicians not to tell patients of CJD blood concerns / EU wants slaughter of 2 million cattle to curb BSE / Europeans starting to eat horse meat / Louisiana man exposed to mad cow during surgery sues hospital / German scientists first to test soil for mad cow link / Mad cow scare spreading beyond Europe / Russian man dies of CJD; first Russian case / Another American victim / Spain confirms second mad cow case / CJD death toll being played down / More European deaths from mad cow / Horse meat sales soar in Germany / Crisis will cost patients billions to insure safer invasive instruments / France bans blood from people who lived in the UK during 1980-1996 / Not all "single-use" medical instruments are used only once / Blood of Irish CJD victim used to make 83,000 doses of polio vaccine / Mad cow crisis sends Blair government into disarray / WHO says mad cow may have spread worldwide / German health chief demands mad cow and scrapie tests / Another mad cow in Germany / French to sue Britains over BSE / Beef sales fall 80% in Germany / Britain is slaughtering, eating its wild ponies.

CONCLUSION

What about cooking the meat or milk? The pasteurizing of milk, at 150 degrees, makes the prion think it's a sunny day. The cooking of meat at 212 degrees makes him think he's in a pleasant sauna. Raising the heat to frying in the 320 range might make him even blink; but you must reduce the prion to total ash at 340 degrees centigrade (in our American fahrenheit system that would be 800 degrees), to immobilize him and take away his ability to replicate.

What about the BSE/CJD spore? There is no solvent known to immobilize the Mad-Cow spore. This kind of microbial tenacity is so far-fetched that it frightens the medical community. If you ask a doctor to do an autopsy of a patient who died of CJD, he flees, knowing that if he exposes his lab to this disease, the lab will be closed down by government officials. He cannot clean his sink without burning it up! By the way, when asked about this by worried reporters, Paul Brown of the NIH reassured them. He said he could clean prions off his hands with Ivory soap. We welcome him to try it in public.

Any other solution? The medical community has no cure for CJD. It is—very simply—fatal. There is no drug or surgery which can cure it. But Dr. Richard Deandrea says that if you think you've been exposed, enzyme therapy might work, seeing that proteins can be dissolved by enzymes which are found in raw foods. But Dr. Prusiner has written that this protein molecule laughs off all the enzymes he tried on it.

More than just meat is infected. If Mad Cow is in meat, it could be in dairy products and eggs. It is in mayonnaise. It's in the gelatin in candy or wrapped around a vitamin pill. It's in blood meal fertilizer, urea fertilizer, and the manure clinging to store-bought mushrooms. Animal derivatives are used in vaccines, pharmaceuticals like Premarin, in glandular substances used in remedies such as melatonin. It is in pet food, gloves, film, plastics. British leather was banned by Egypt a week after Minister Dorrell's admission.

The only answer is to go vegetarian. Choose vegetarian proteins like tofu, nuts, or beans. You will be healthier in every way as these proteins do not tax the immune system as much as flesh. Immune systems love a whole, live, raw food diet; so eat raw, dark-green salads with nuts, sprouts and seeds. Cleanse with enemas or colonics. Take periodic raw juice fasts. Besides a vegan diet of vegetables grown on organic soil, take "good fat" supplements like flaxseed. The oils and proteins found in nuts and seeds are good. Be wary of dairy products; they could be infected with prions. Make almond milk, brown rice milk, tofu milk. Take multi-vitamin supplements. Blue green algae, spirulina, chlorella are complete foods with B-12. Animal source of B-12 is dangerous now. Get rid of other eco-hazards that stress the immune system, such as fluoride toothpaste, perfume, dental fillings, and solvents like propyl alcohol (used in all soap, detergent, shampoo, and cleaning all factory food and juice machines). Go 100% natural. Become a vegetarian.

In this study, you have learned a lot of facts. If you want to take the situation seriously, you ought to decide right now to make some changes in your diet!

But you should be warned that some of the media right now has a different message for you:

"Everything is peace and safety; there is no danger. Eat as you please; the meat is as disease-free as ever. Government and industry reports confirm that there is no CJD in America, no diseased animals are now

being fed to cows, and the U.S. is totally sealed off from the problems in Europe. American meat is as disease-free as it has ever been."

Decide for yourself whose advice you will follow. **Do you want to believe the eminent scientists quoted or referred to in this report, such as Drs. Pattison, Lacey, Prusiner, Dorrell, Alsleben, Marsh, Narang, Deandrea, Merz, Doeller, Gajdusek, and Ricketts?**

Or do you want to believe the Southwood Committee, the Tyrell Report, the *British Medical Journal*, *The Economist*, *Nature*, *New Scientist*, the British Department of Agriculture, the USDA, the NIH, the U.S. beef industry, and what you hear on television?

This is your life. Do what you want with it.

—vf

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